

# Colonel Crawford Swim Team Newsletter

August 17, 2021, Issue 1.2021  
Contributions to newsletter, email to [ccswimmers@gmail.com](mailto:ccswimmers@gmail.com)

## OH BOY!!!

Welcome back to CC Swim Team for the Fall/Winter of 2021-22! The main purpose of this newsletter is to keep our swim team families well informed. Currently there are about 25 swimmers signed up! All swim team information, newsletters and forms to download can be found on the team website at <http://www.ccsteagles.com> You will also receive a folder with this information at the first practice if you don't have access to the website.



## Tentative Meet Schedule (thru November)

10/3 – Season Opener (Hawken)  
10/8-10 – Canton Invite  
10/16 – Peg Neal Pentathlon  
10/17 – Mile Meet  
10/24 – Stevie Grieshammer Meet  
10/30 – October Spooktacular  
11/6-7 – Splash Out Cancer Meet  
11/14 – Fall Breakout B Meet  
11/19-21 – Mark Braun Fall Classic

These are meets in the Lake Erie District. We will not attend all of them but may add some Ohio district meets, such as Bowling Green or Ohio State.

## SWIM-A-THON

We will hold our swim-a-thon again this season. Each swimmer is required to raise a minimum of \$50 fundraising fee. Rec Team members are not required, but may participate.



## Practices Begin Tuesday, Sept. 7

USA Team – 5-6:25 (M-F)  
Rec Team – 6:30-7:30 (T/Th)  
(Rec Team is 9/7-10/14)

Practice times will be adjusted once the junior high and high school swim teams start in October.

## USA TEAM FEES

Full Time - \$150 in two payments. \$75 due 9/7 & \$75 due 12/15.

JH Swimmers participating on their school team: \$75, due 9/7. You may practice 9/7-11/1 and 12/20-end of season. (Dates approx).

HS Swimmers participating on their school team: \$75, due 9/7. You may practice 9/7-11/1 and 2/20-end of season. (Dates approx).

All CCST members must register for USA Swimming. If you are a returning swimmer your registration will need renewed in December. Yearly registration fee is \$76 and includes insurance, unlimited meets & championship meets (qualifying times apply).



## CCST Alert Communication

Coaches will be using the REMIND app to communicate with all families. This system will alert all swim team families if there are changes in swim team events or practices. To join, text the message @ccsteagles to 81010.

## Forms, Forms, Forms!

Please turn in your required sign-up forms ASAP! Make checks payable to CCST. Place the forms and payment in an envelope in the lockbox on the upper deck at the pool.

## REC TEAM

New for this season, we will have a six-week group for swimmers not sure about the full commitment to USA swimming.

Practices are T/Th for six weeks. You must register for USA Swimming with a FLEX membership. This covers insurance and you may enter up to 2 meets (entry fees extra).

At the end of the session you can join the USA team at a prorated amount, plus upgrade your USA membership to a Premium membership if you decide you want to compete more.

If interest, we may offer another session in January after JH swim team is over.

## REC TEAM FEES

USA membership: \$20.00  
Practice fee: \$40.00 for six week session. Fees due 9/7.

## Swim Team President

Kristin Rickel – 419.543.1841  
Kristin Rickel – (Meet entries)

We are looking for more parents.

If you'd like to help out, please see Coach Mike or Kristin for details.

If you would like to be on the board, you must register as a nonathlete USA member.

## MINOR ATHLETE ABUSE PREVENTION POLICY

As a part of its continued commitment to safeguarding athletes, USA Swimming has enacted enhancements to its Safe Sport policy and education requirements. Please review the following important information regarding USA Swimming's Minor athlete Abuse Prevention Policy (MAAPP). MAAPP sets a baseline for acceptable safety standards that limit one-on-one interactions between adults and minor athletes. All USA Swimming clubs are required to implement MAAPP in full.

In this light, we are asking you to click [HERE](#) to review MAAPP and to acknowledge your agreement in writing. If you haven't already done so, please click [HERE](#) to print out the attached MAAPP Acknowledgement form, sign it, and return it to CCST Swimming.

**Thank you for helping us keep our athletes safe!**

## COVID Protocols:

- Athletes **MUST** arrive and depart in their suits. Locker rooms are not always available, plus we want to limit exposure time in locker rooms.
- Restroom breaks will be limited to ONE swimmer at a time.
- Athletes should bring their own water bottles (already filled).
- If not feeling well, please stay home.
- **DO NOT** arrive more than 5 minutes early. There are several teams using the pool and we do not want to interrupt their training.
- For now, park out back of the pool area in the grassy area. **DO NOT** park on the blacktop.

**Protocols change quickly. We will follow school recommendations.**

## Coach Mike's Corner...

-Try to make it to practice. You will start getting in better shape for swimming and you will improve your times.

-Don't forget to watch the Facebook group for upcoming meets. Entries are usually due several weeks before the meet.

-Parents - The key to keeping your child interested in swimming is to encourage kids to improve themselves by beating their own times, getting better, getting legal, etc.

-I like to hear from parents. It is good to talk with me after practices or meets. I check emails often so please feel free to email me or call me.

~ Mike  
419.512.1094  
ccswimmers@gmail.com